

Women/Maternal Health

State Action Plan Table (Northern Mariana Islands) - Women/Maternal Health - Entry 1

Priority Need

Improve Women's Health Through Cervical and Breast Cancer and Anemia Screening.

NPM

NPM 1 - Percent of women, ages 18 through 44, with a preventive medical visit in the past year

Objectives

By 2020, increase the number of women of reproductive age who complete a preventive health visit my 10% from baseline.

Strategies

Utilize the mobile clinic to bring preventive screenings and other health services into non-traditional sites and into under-served communities.

Promote preconception care.

Provide assistance with Medicaid application processing to increase the number of women who have health insurance coverage.

ESMs

Status

ESM 1.1 - Percentage of women who report an increase in access to preventive services.

Active

NOMs

NOM 2 - Rate of severe maternal morbidity per 10,000 delivery hospitalizations

NOM 3 - Maternal mortality rate per 100,000 live births

NOM 4 - Percent of low birth weight deliveries (<2,500 grams)

NOM 5 - Percent of preterm births (<37 weeks)

NOM 6 - Percent of early term births (37, 38 weeks)

NOM 8 - Perinatal mortality rate per 1,000 live births plus fetal deaths

NOM 9.1 - Infant mortality rate per 1,000 live births

NOM 9.2 - Neonatal mortality rate per 1,000 live births

NOM 9.3 - Post neonatal mortality rate per 1,000 live births

NOM 9.4 - Preterm-related mortality rate per 100,000 live births

NOM 10 - Percent of women who drink alcohol in the last 3 months of pregnancy

NOM 11 - Rate of neonatal abstinence syndrome per 1,000 birth hospitalizations

NOM 23 - Teen birth rate, ages 15 through 19, per 1,000 females

NOM 24 - Percent of women who experience postpartum depressive symptoms following a recent live birth

State Action Plan Table (Northern Mariana Islands) - Women/Maternal Health - Entry 2

Priority Need

Improve Women's Health Through Cervical and Breast Cancer and Anemia Screening.

Objectives

By 2020, decrease the number of women of childbearing age with anemia by 10%.

Strategies

Integrate anemia screenings and education into Family Planning visits and preconception evaluations.

Integrate anemia screening during clinic outreach events.

Perinatal/Infant Health

State Action Plan Table (Northern Mariana Islands) - Perinatal/Infant Health - Entry 1

Priority Need

Improve Perinatal/Infant Outcomes Through Early and Adequate Prenatal Care Services and Promoting Breastfeeding and Safe Sleep.

NPM

NPM 4 - A) Percent of infants who are ever breastfed B) Percent of infants breastfed exclusively through 6 months

Objectives

By 2020, increase the percent of mothers reporting exclusively breastfeeding by 10%.

Strategies

Increase access to breastfeeding support and peer support programs.

Partner with community based agencies to promote and support breastfeeding.

Evaluate breastfeeding support provided by trained staff (public health and clinical).

ESMs

Status

ESM 4.1 - Percentage of workplace presentation participants who report increase in knowledge and skills regarding workplace breastfeeding policies. Active

NOMs

NOM 9.1 - Infant mortality rate per 1,000 live births

NOM 9.3 - Post neonatal mortality rate per 1,000 live births

NOM 9.5 - Sudden Unexpected Infant Death (SUID) rate per 100,000 live births

State Action Plan Table (Northern Mariana Islands) - Perinatal/Infant Health - Entry 2

Priority Need

Improve Perinatal/Infant Outcomes Through Early and Adequate Prenatal Care Services and Promoting Breastfeeding and Safe Sleep.

Objectives

By 2020, increase the number of resident women receiving prenatal care beginning in the first trimester by 5%.

Strategies

Increase awareness and referrals to the MCH Centering Pregnancy Program.

Utilize mobile clinic to provide prenatal care in villages.

Promote community awareness regarding preconception care.

Child Health

State Action Plan Table (Northern Mariana Islands) - Child Health - Entry 1

Priority Need

Improve Child Health Through Providing Vaccinations and Screening for Developmental Delays.

NPM

NPM 6 - Percent of children, ages 9 through 35 months, who received a developmental screening using a parent-completed screening tool in the past year

Objectives

By 2020, increase the percentage of children who are screened for a developmental delay by 11%.

Strategies

Implement a data system to be able to capture developmental screening results, monitor screening rates, and manage referrals to needed services.

Promote community awareness regarding the importance of screening for developmental delays.

Evaluate screening programs that have been implemented.

NOMs

NOM 13 - Percent of children meeting the criteria developed for school readiness (DEVELOPMENTAL)

NOM 19 - Percent of children, ages 0 through 17, in excellent or very good health

State Action Plan Table (Northern Mariana Islands) - Child Health - Entry 2

Priority Need

Improve Oral Health of Children & Pregnant Mothers

NPM

NPM 13.2 - Percent of children, ages 1 through 17, who had a preventive dental visit in the past year

Objectives

By 2020, increase the percentage of children ages 1 through 17 years who had a preventive dental visit by 10%.

Strategies

Implement referral protocols for dental care for children seen at WIC and Home Visiting.

Expand school based dental programs to include Early Head Start and Child Care Programs.

NOMs

NOM 14 - Percent of children, ages 1 through 17, who have decayed teeth or cavities in the past year

NOM 19 - Percent of children, ages 0 through 17, in excellent or very good health

NOM 17.2 - Percent of children with special health care needs (CSHCN), ages 0 through 17, who receive care in a well-functioning system

State Action Plan Table (Northern Mariana Islands) - Child Health - Entry 3

Priority Need

Improve Child Health Through Providing Vaccinations and Screening for Developmental Delays.

Objectives

By 2020, increase the number of children ages 9 through 35 months who receive recommended vaccines by 9%.

Strategies

Partner with Vaccines for Children program to offer immunizations through mobile clinic outreach.

Promote community awareness regarding vaccines.

State Action Plan Table (Northern Mariana Islands) - Child Health - Entry 4

Priority Need

Improve Insurance Status of Children and Pregnant Mothers.

Objectives

.

Strategies

.

Adolescent Health

State Action Plan Table (Northern Mariana Islands) - Adolescent Health - Entry 1

Priority Need

Improve Adolescent Health by Promoting Healthy Adolescent Behaviors & Reducing Risk Behavior (i.e. drug & alcohol use, bullying) & poor outcomes (i.e. teen pregnancy, injury, suicide)

NPM

NPM 9 - Percent of adolescents, ages 12 through 17, who are bullied or who bully others

Objectives

By 2020, reduce the percentage of students who report being bullied at school by 12%.

Strategies

Partner with schools to implement school health advisory councils.

Partner with schools on implementing evidence based curriculum that address bullying.

Promote parental awareness about bullying.

NOMs

NOM 16.1 - Adolescent mortality rate ages 10 through 19, per 100,000

NOM 16.3 - Adolescent suicide rate, ages 15 through 19, per 100,000

State Action Plan Table (Northern Mariana Islands) - Adolescent Health - Entry 2

Priority Need

Improve Adolescent Health by Promoting Healthy Adolescent Behaviors & Reducing Risk Behavior (i.e. drug & alcohol use, bullying) & poor outcomes (i.e. teen pregnancy, injury, suicide)

Objectives

By 2020, reduce the percentage of student who report thoughts of suicide by 8%.

Strategies

Increase the number of students trained in peer to peer support programs.

State Action Plan Table (Northern Mariana Islands) - Adolescent Health - Entry 3

Priority Need

Improve Adolescent Health by Promoting Healthy Adolescent Behaviors & Reducing Risk Behavior (i.e. drug & alcohol use, bullying) & poor outcomes (i.e. teen pregnancy, injury, suicide)

Objectives

By 2020, decrease teen pregnancy rate by 5%.

Strategies

Utilize mobile clinic to provide school based adolescent health services.

Improve adolescent health services provided at CHCC clinics.

Children with Special Health Care Needs

State Action Plan Table (Northern Mariana Islands) - Children with Special Health Care Needs - Entry 1

Priority Need

Provide a Medical Home for Children Identified as CSHCN

NPM

NPM 11 - Percent of children with and without special health care needs, ages 0 through 17, who have a medical home

Objectives

By 2020, increase the percentage of children with special healthcare needs that have a medical home by 10%.

Strategies

Partner with the Early Intervention Program to implement a standard shared plan of care for children with special health needs.

Expand and strengthen care coordination services for children with special healthcare needs.

ESMs

Status

ESM 11.1 - Percentage of families served by the Family to Family Health Information Center who reported having a medical home.

Active

NOMs

NOM 17.2 - Percent of children with special health care needs (CSHCN), ages 0 through 17, who receive care in a well-functioning system

NOM 18 - Percent of children, ages 3 through 17, with a mental/behavioral condition who receive treatment or counseling

NOM 19 - Percent of children, ages 0 through 17, in excellent or very good health

NOM 25 - Percent of children, ages 0 through 17, who were unable to obtain needed health care in the past year